



HEALTH CARE RECRUITERS

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Name: \_\_\_\_\_

Date: \_\_\_\_\_

Classification: \_\_\_\_\_

Total Years experience: \_\_\_\_\_

Clinical area of Competence with past 3 years: \_\_\_\_\_

Type of Unit	Size of Unit
Have you Traveled Before?	Yes No

Expertise/Experience Not Listed: \_\_\_\_\_

**INSTRUCTIONS:** This checklist is meant to serve as general guideline for our client facilities as to the Level of your skills within your nursing specialty. Please use the scale below to describe your experience/expertise in each area listed below.

**0 = Never Performed    1= Limited Experience    2= Comfortable Performing    3= Proficient**

**INDICATE CLINICAL SKILL COMPETENCY AND LEVEL OF PROFICIENCY FOR ALL PROCEDURES / EQUIPMENT IN LAST 12 MONTHS.**

EXPERIENCE	SKILL LEVEL				ASEPTIC TECHNIQUE RELATIVE TO L & D	SKILL LEVEL			
	0	1	2	3		0	1	2	3
Antepartum					Amnioinfusion				
Aseptic Technique					Assist w/ AROM (Artificial Rupture of Membranes) Procedure				
Assessment During Labor					Assist w/ Fetal Scalp Blood Sampling Procedure				
Assist w/ Interventions During Labor					Assist w/ Placement of Fetal Scalp Electrodes for Internal Monitoring				
Medication Administration					Assist w/ Placement of an Intrauterine Pressure Catheter for Internal Monitoring				
Immediate Care of Infant - Post Birth					Circulate for Cesarean Section				
Interventions During Labor					Circulate, Scrub for Postpartum Tubal Ligation				
Intrapartum Care					Insert a Straight or Foley Catheter				
Obstetric Techniques/Procedures					Perform a Vaginal Exam and Assess Effacement, Dilatation, Station, Presentation				
Phlebotomy/IV Therapy					Scrub for a Cesarean Section				
Postpartum Assessment					Set-Up a Cesarean Section Table				
Postpartum Intervention					Set-Up a Delivery Table				
<b>CHARTING</b>					<b>ASSESSMENT DURING LABOR</b>				
Computerized					Assess and Document Progression of Labor: Changes in Woman's Behavior, Appearance				
DARE					Contraction Characteristics				
APIE					Status of Membranes				
SOAPIE					Assess and Document Fetal Status: Auscultate FHR (Fetal Heart Rate) Using: Doptone (Doppler Ultrasound)				
FOCUS					Determine Fetal position				
Discharge Planning					Assess & Document Maternal Status: Assess for Bladder Retention				
Utilization Review					Deviations from the Norm (Edema; Deep Tendon Reflexes, Clonus)				
Chart Review/Audit									
<b>ANTEPARTUM CARE</b>									
Hyperemesis Gravidorum									
Premature Rupture of Membranes									
Preterm Labor									
Pyleonephritis									

**LABOR AND DELIVERY SKILLS CHECKLIST**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**INDICATE CLINICAL SKILL COMPETENCY AND LEVEL OF PROFICIENCY FOR ALL PROCEDURES / EQUIPMENT IN LAST 12 MONTHS.**

	<b>SKILL LEVEL</b>					<b>SKILL LEVEL</b>			
	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>		<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>ASSESSMENT DURING LABOR</b>					<b>IMMEDIATE CARE OF INFANT POST-BIRTH</b>				
Assess & Document Maternal Status:					Administer Vitamin K IM & Eye Prophylaxis				
Intake and Output Including Testing Urine					Assess Infant & Assign Apgar				
Vital Signs					Collect Cord Blood Gases				
Assist with Ultrasound Scan					Collect Cord Blood Samples				
Use of Fetal Monitor:					Identify Infant Using Bracelet, Footprints and Mother's Band				
Dysrhythmias					Infant w/ Maternal History Substance Abuse				
External Monitor:					Perform Emergency Baptism				
Tocotransducer, Ultrasound					Suction Infant				
Fetal Scalp Electrode					Transfer to Newborn Nursery				
Internal Monitor (Including connecting the leads and Calibrating Machine)					Weigh Infant				
Pattern Recognition/Interventions:					<b>INTERVENTIONS DURING LABOR</b>				
Basic FHR					Administer Analgesics				
Bradycardia					Change Woman's Position, P.R.N.				
Sinusoidal (True/False)					Coach in Psychoprophylactic Breathing and Relaxation Techniques				
Tachycardia					Monitor Fluid Status				
Periodic Changes:					Perineal Prep				
Accelerations					Provide Physical Comfort Levels				
Decelerations					Provide Care/Monitor After Rupture				
<b>ASSIST W/ INTERVENTIONS DURING DELIVERY</b>					Membranes (Spontaneous or Artificial)				
Assisting with twins or multiple births					Support, Guide Labor Coach, P.R.N.				
Assist/Monitor Those Requiring Special Surveillance:					<b>INTRAPARTUM CARE</b>				
Epidural					Abruptio Placenta				
General Anesthesia					Asthma				
Local Infiltration					Cardiac Disease				
Regional Anesthesia					Diabetes Mellitus				
Spinal					Eclampsia (Seizures)				
Cesarean Section					Infectious Disease:				
Delivery in a Birthing Room Setting					Group Beta Strep				
Forceps Vaginal Delivery					Hepatitis B				
Labor Delivery Room					Hepatitis C				
Spontaneous Vaginal Delivery					Herpes/STD's				
Vacuum Extraction Delivery					HIV				
Birth out of Asepsis					Malpresentations				
<b>MEDICATION ADMINISTRATION</b>					Multiple Gestation				
Cervical Ripening Agents:					Patient with History of Substance Abuse				
Cervidil					Placenta Previa				
Cytotec					Preeclampsia				
Prostaglandin					Pregnancy-Induced Hypertension				
Insulin					Premature Labor				
MgSo4 for Pre-eclampsia					Sickle Cell Crisis				
Oxytocin Induction/Augmentation					Trauma (MVA)				
Patient Controlled Analgesia Pump									
Labor Suppressants:									
Ritodrine									
Terbutaline									
MgSo4									

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**INDICATE CLINICAL SKILL COMPETENCY AND LEVEL OF PROFICIENCY FOR ALL PROCEDURES / EQUIPMENT IN LAST 12 MONTHS.**

<b>OBSTETRIC TECHNIQUES/PROCEDURES</b>	<b>SKILL LEVEL</b>			
	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
Leopold Maneuvers				
Non-Stress Test (NST)				
Perform Cardiopulmonary Resuscitation:				
Adult				
Infant				
Stress Test (Oxytocin Challenge Test)				
Triage of OB Patients				
Ultrasound for Fetal Position				
<b>PHLEBOTOMY/IV THERAPY</b>				
Discontinue Peripheral IV's				
Draw Blood:				
Arterial Stick				
Central Line				
Venous Stick				
Heparin Locks				
IV Infusion Pumps				
Measure CVP Readings				
Mix IV Infusion Using Additives				
Monitor Blood/Blood Products				
Patient Controlled Analgesia				
Regulate IV's				
Start IV Lines				
<b>POSTPARTUM ASSESSMENT</b>				
Bladder Distension				
Episiotomy				
Fundus Consistency				
Incision for Cesarean Delivery				
Lochia				
Physical Assessment				
<b>POSTPARTUM INTERVENTION</b>				
Assess/Foster Parent-Infant Bonding				
Assist with Initial Attempts w/ Breastfeeding AT/After Delivery				
Fetal Demises				
Fundal Massage				
Implement Measures to Initiate Voiding if Distension Occurs				
Interventions for Post-C-Sections				
Perineal Care				
Post-Anesthesia Recovery Care:				
Epidural				
General				
Spinal				
Post-Partum Grieving or Depression				

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<u>Age Specific Skills</u>	Neonates (0-30 days)	Infants (1 mo- 1 yr)	Toddlers (1-3 yrs)	Preschool (4-6 yrs)	School Age (7-12 yrs)	Adolescent (13-18 yrs)	Young Adult (19-39 yrs)	Middle Adults (40-64 yrs)	Older Adults (65+ yrs)
Check the box under EACH age group that you have experience with and are comfortable with for each skill below.									
Understands the different communication needs for the age group & changes communication methods and terminology accordingly									
Understands the different medications, dosages and possible side effects for the age group and administers medications appropriately									
Understands the different safety risks for the age group and alters the environment accordingly									
Understands the normal growth and development for the age group and adapts care accordingly									

I hereby certify that ALL information I have provided to **UNI**, on this skills check list and all other documentation, is true and accurate.

I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.

Nurse Signature \_\_\_\_\_ Date \_\_\_\_\_

FAX TO (877) 970-5777

**LABOR AND DELIVERY SKILLS CHECKLIST**